

The Grateful Recovering Man: A Journey of Sobriety, Redemption, and Rediscovery

In this deeply personal and inspiring memoir, a recovering alcoholic shares his journey from the depths of addiction to a life of sobriety, redemption, and rediscovery.

Through raw and honest storytelling, he explores the challenges and triumphs of addiction, the power of gratitude, and the importance of finding purpose and meaning in life.



The Grateful Recovering Man: Becoming the Man You Want to Be - One Day at a Time by Gina Paulhus

★★★★☆ 4.3 out of 5

Language	: English
File size	: 1584 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 205 pages
Lending	: Enabled



The Grateful Recovering Man is a story of hope and resilience, a testament to the transformative power of recovery. It is a book that will resonate with anyone who has struggled with addiction, or who knows someone who has. It is a book that will inspire you to believe that change is possible, no matter how hopeless your situation may seem.

"This book is a gift. It is a gift to those who are struggling with addiction, a gift to those who love someone who is struggling, and a gift to anyone who is looking for hope and inspiration."

- from the foreword by Gabor Maté, MD, author of *In the Realm of Hungry Ghosts: Close Encounters with Addiction*

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