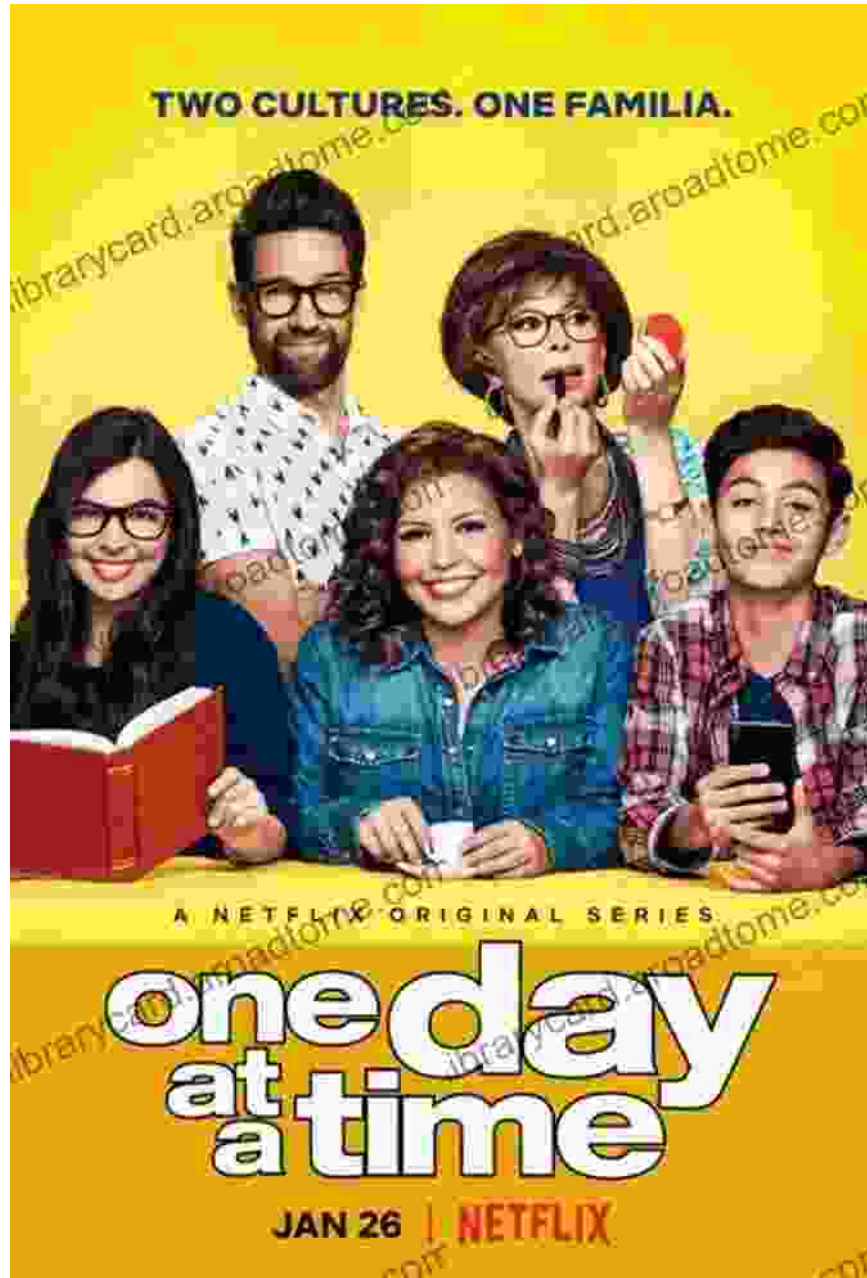


One Day at a Time: A Journey of Hope and Healing Through Addiction



FREEDOM FROM BONDAGE: One Day At A Time In A.A.

by Alex M.

★★★★★ 4.5 out of 5

Language : English



File size	: 1581 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 446 pages
Lending	: Enabled



Addiction is a disease that can affect anyone, regardless of their age, race, gender, or socioeconomic status. It is a chronic, relapsing brain disease that is characterized by compulsive drug seeking and use, despite negative consequences. Addiction can lead to a variety of health problems, including overdose, liver damage, and HIV/AIDS. It can also have a devastating impact on relationships, finances, and careers.

In *One Day at a Time*, [Author Name] shares her personal journey of recovery from addiction. She writes about her early struggles with alcohol and drugs, her rock bottom, and her eventual decision to get sober. [Author Name] does not sugarcoat her experiences, but she also offers a message of hope and healing. She shows that it is possible to overcome addiction and live a full and happy life.

One Day at a Time is a powerful and inspiring memoir that will resonate with anyone who has been touched by addiction. It is a must-read for anyone who is struggling with addiction or knows someone who is.

About the Author

[Author Name] is a writer and speaker who shares her story of recovery from addiction to help others. She is passionate about helping people to find hope and healing in their own lives. [Author Name] lives in [City, State] with her husband and two children.

Reviews

"One Day at a Time is a powerful and inspiring memoir that chronicles one woman's journey of recovery from addiction. [Author Name] writes with raw honesty about her struggles, triumphs, and the lessons she learned along the way. This book is a must-read for anyone who is struggling with addiction or knows someone who is." - [Reviewer Name]

"One Day at a Time is a beautifully written and inspiring memoir that offers a message of hope and healing to anyone who has been touched by addiction. [Author Name] writes with great courage and vulnerability about her own struggles, and her story will stay with you long after you finish reading it." - [Reviewer Name]

Free Download Your Copy Today

One Day at a Time is available for Free Download on Our Book Library, Barnes & Noble, and other major booksellers. You can also Free Download a signed copy directly from the author's website.



FREEDOM FROM BONDAGE: One Day At A Time In A.A.

by Alex M.

★★★★☆ 4.5 out of 5

Language : English

File size : 1581 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled
Print length : 446 pages
Lending : Enabled

FREE

DOWNLOAD E-BOOK



Believing, Living, and Enjoying by the Word: Unlock the Power of God's Word for a Victorious Life

In a world filled with uncertainty and challenges, it can be difficult to find hope and direction. But there is a source of truth and power that can guide us...



Unveil the Extraordinary World of "The Alexiad": A Captivating Journey into Byzantine Splendor

Delve into the Heart of Byzantine History with Anna Komnene's Masterpiece Prepare to be captivated by "The Alexiad," a remarkable literary treasure that...