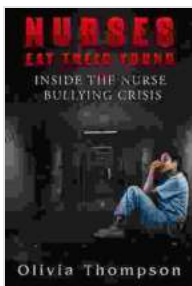


Nurses Eat Their Young: A Chilling Exposé of Nursing's Dark Side

In her groundbreaking book, *Nurses Eat Their Young*, Barbara Ehrenreich shines a light on the dark side of nursing. She reveals the rampant bullying, harassment, and discrimination that nurses face on the job, and explores the underlying causes of this toxic culture.



Nurses Eat Their Young: Inside The Nurse Bullying

Crisis by Angeline Bushy

★★★★☆ 4.3 out of 5

Language : English
File size : 807 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Print length : 55 pages
Lending : Enabled
Screen Reader : Supported



Ehrenreich bases her work on extensive interviews with nurses from all walks of life. She speaks to nurses who have been bullied by their colleagues, harassed by their superiors, and discriminated against because of their race, gender, or sexual orientation. She also examines the role that the nursing profession itself plays in perpetuating this toxic culture.

Ehrenreich argues that the nursing profession is a microcosm of the larger society. She shows how the same power dynamics that exist in the workplace also exist in the healthcare system as a whole. Nurses are often

seen as the bottom of the healthcare hierarchy, and they are often treated with disrespect by doctors, administrators, and patients alike.

This toxic culture has a devastating impact on nurses' health and well-being. Ehrenreich cites studies that show that nurses are more likely to experience burnout, depression, and anxiety than other healthcare professionals. She also shows how this toxic culture can lead to patient safety issues.

Ehrenreich concludes her book with a call to action. She urges nurses to speak out against bullying, harassment, and discrimination. She also calls for changes to the nursing profession itself, such as increasing the number of nurses in leadership positions and creating more supportive work environments.

Nurses Eat Their Young is a powerful and disturbing indictment of the nursing profession. It is a must-read for anyone who cares about the health and well-being of nurses and patients alike.

Praise for *Nurses Eat Their Young*

"*Nurses Eat Their Young* is a groundbreaking book that exposes the dark side of the nursing profession. Barbara Ehrenreich shines a light on the rampant bullying, harassment, and discrimination that nurses face on the job, and she explores the underlying causes of this toxic culture. This book is a must-read for anyone who cares about the health and well-being of nurses and patients alike."

-Sheryl WuDunn, Pulitzer Prize-winning journalist and author

"Nurses Eat Their Young is a powerful and disturbing indictment of the nursing profession. Barbara Ehrenreich's research is impeccable, and her writing is both clear and compelling. This book is an essential read for anyone who wants to understand the challenges facing nurses today."

-Linda Aiken, PhD, RN, FAAN, Professor of Nursing at the University of Pennsylvania

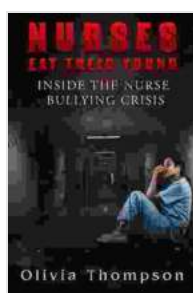
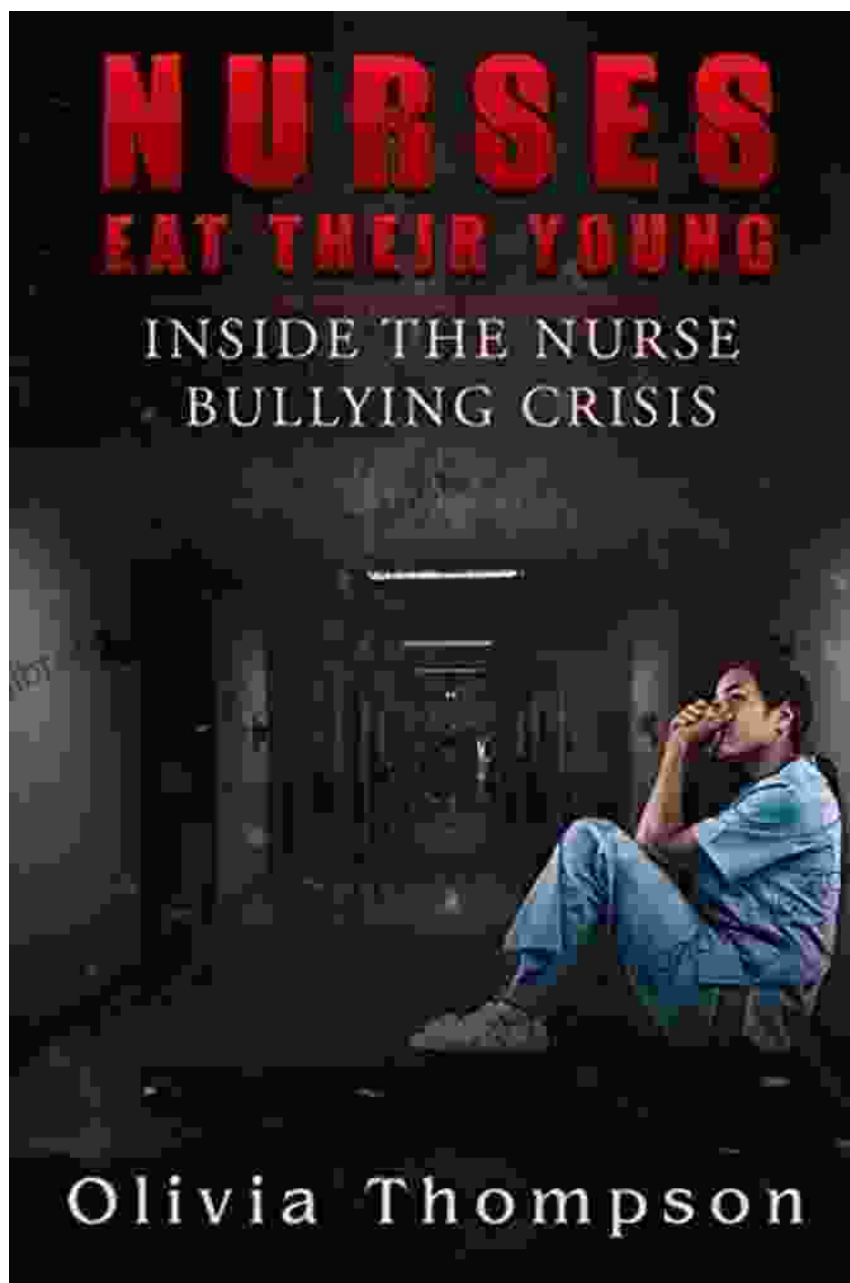
"Nurses Eat Their Young is a must-read for anyone who cares about the future of nursing. Barbara Ehrenreich's book exposes the toxic culture that has become all too common in the nursing profession, and she offers practical solutions for creating a more positive and supportive work environment for nurses.

-Donna Shalala, JD, former Secretary of Health and Human Services

About the Author

Barbara Ehrenreich is an award-winning journalist and author. She is the author of 20 books, including the New York Times bestsellers *Nickel and Dimed: On (Not) Getting By in America* and *Bright-Sided: How the Relentless Promotion of Positive Thinking Has Undermined America*. Her work has been translated into more than 20 languages.

Ehrenreich has been a contributing editor to *Time* magazine and *The New Republic*. She is a recipient of the Lannan Literary Award for Nonfiction and the National Book Critics Circle Award for Criticism. She is a fellow of the American Academy of Arts and Sciences.



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