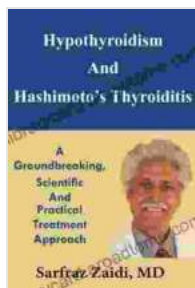


Hypothyroidism and Hashimoto Thyroiditis: Everything You Need to Know

What is Hypothyroidism?

Hypothyroidism is a condition in which the thyroid gland does not produce enough thyroid hormone. Thyroid hormone is responsible for regulating metabolism, growth, and development. When thyroid hormone levels are too low, it can lead to a variety of symptoms, including:



Hypothyroidism And Hashimoto's Thyroiditis: A Groundbreaking, Scientific And Practical Treatment

Approach by Sarfraz Zaidi MD

★★★★☆ 4.2 out of 5

Language	: English
File size	: 1252 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
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* Fatigue * Weight gain * Depression * Constipation * Dry skin * Hair loss * Cold intolerance * Muscle weakness

What is Hashimoto Thyroiditis?

Hashimoto thyroiditis is an autoimmune disease that is the most common cause of hypothyroidism. In Hashimoto thyroiditis, the body's immune

system attacks the thyroid gland, causing it to become inflamed and damaged. This damage can lead to hypothyroidism.

What are the Symptoms of Hashimoto Thyroiditis?

The symptoms of Hashimoto thyroiditis are similar to the symptoms of hypothyroidism. However, some people with Hashimoto thyroiditis may also experience:

* Goiter (enlarged thyroid gland) * Pain or tenderness in the thyroid gland * Difficulty swallowing * Hoarseness

What Causes Hypothyroidism and Hashimoto Thyroiditis?

The exact cause of hypothyroidism is unknown. However, it is thought to be caused by a combination of genetic and environmental factors. Hashimoto thyroiditis is an autoimmune disease, which means that it is caused by the body's immune system attacking the thyroid gland.

How are Hypothyroidism and Hashimoto Thyroiditis Diagnosed?

Hypothyroidism and Hashimoto thyroiditis are diagnosed with a blood test that measures thyroid hormone levels. If thyroid hormone levels are low, the doctor may Free Download additional tests to confirm the diagnosis. These tests may include:

* Thyroid ultrasound * Thyroid biopsy

How are Hypothyroidism and Hashimoto Thyroiditis Treated?

The treatment for hypothyroidism is thyroid hormone replacement therapy. This medication is taken orally and helps to replace the thyroid hormone that the body is not producing.

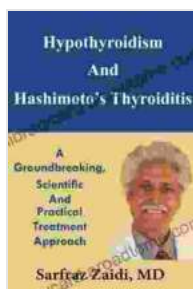
The treatment for Hashimoto thyroiditis is aimed at reducing inflammation and preventing further damage to the thyroid gland. Treatment options may include:

* Thyroid hormone replacement therapy * Anti-inflammatory medications * Immunosuppressants

What is the Prognosis for Hypothyroidism and Hashimoto Thyroiditis?

The prognosis for hypothyroidism and Hashimoto thyroiditis is generally good. With proper treatment, most people with these conditions can live normal, healthy lives.

Hypothyroidism and Hashimoto thyroiditis are two common thyroid conditions that can cause a variety of symptoms. Diagnosis and treatment of these conditions is important to prevent serious health problems. If you are experiencing any of the symptoms of hypothyroidism or Hashimoto thyroiditis, talk to your doctor.



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