

Easy Recipes To Make DIY Hand Sanitizer With Ingredients You Always Have At Home

In the wake of the recent global health crisis, it has become more important than ever to practice good hand hygiene. Hand sanitizer is a great way to kill germs and bacteria on your hands, and it is especially important to use it when you are out in public or in contact with a lot of people.

Commercial hand sanitizers can be expensive, and they often contain harsh chemicals that can be irritating to the skin. If you are looking for a more natural and affordable option, you can make your own DIY hand sanitizer at home.



Homemade Hand Sanitizer: Easy Recipes to Make DIY Hand Sanitizer with Ingredients You Always Have at Home by Alyssa Costantini

★★★★☆ 4.1 out of 5

Language : English
File size : 3255 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 91 pages
Lending : Enabled



There are many different recipes for DIY hand sanitizer, but they all share a few key ingredients:

- Alcohol: The alcohol in hand sanitizer kills germs and bacteria.
- Aloe vera: Aloe vera is a natural moisturizer that can help to soothe and protect the skin.
- Glycerin: Glycerin is a humectant that helps to keep the skin hydrated.

You can also add other ingredients to your DIY hand sanitizer, such as essential oils, fragrances, or vitamins. However, it is important to make sure that any ingredients you add are safe for use on the skin.

Here are a few simple recipes for DIY hand sanitizer:

Recipe 1

- 1 cup rubbing alcohol
- 1/2 cup aloe vera gel
- 1/4 cup glycerin
- 10 drops of your favorite essential oil (optional)

Instructions:

1. Combine all of the ingredients in a bowl and stir until well mixed.
2. Pour the mixture into a clean glass jar or bottle.
3. Label the jar or bottle with the date and ingredients.

Recipe 2

- 1 cup witch hazel

- 1/2 cup aloe vera gel
- 1/4 cup glycerin
- 10 drops of your favorite essential oil (optional)

Instructions:

1. Combine all of the ingredients in a bowl and stir until well mixed.
2. Pour the mixture into a clean glass jar or bottle.
3. Label the jar or bottle with the date and ingredients.

Recipe 3

- 1 cup vodka
- 1/2 cup aloe vera gel
- 1/4 cup glycerin
- 10 drops of your favorite essential oil (optional)

Instructions:

1. Combine all of the ingredients in a bowl and stir until well mixed.
2. Pour the mixture into a clean glass jar or bottle.
3. Label the jar or bottle with the date and ingredients.

These are just a few of the many different recipes for DIY hand sanitizer. You can experiment with different ingredients and find a recipe that works best for you.

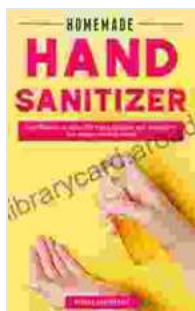
No matter which recipe you choose, be sure to follow the instructions carefully and use caution when handling the alcohol. DIY hand sanitizer is a great way to save money and protect yourself from germs.

Tips for Using DIY Hand Sanitizer

- Use DIY hand sanitizer whenever you are out in public or in contact with a lot of people.
- Apply a dime-sized amount of hand sanitizer to the palm of your hand and rub your hands together for at least 20 seconds.
- Be sure to get the sanitizer between your fingers and under your nails.
- Allow the hand sanitizer to air dry completely.
- Do not use DIY hand sanitizer on broken or irritated skin.

By following these tips, you can use DIY hand sanitizer safely and effectively.

DIY hand sanitizer is a great way to save money and protect yourself from germs. With a few simple ingredients, you can easily make your own hand sanitizer at home. Just be sure to follow the instructions carefully and use caution when handling the alcohol.



Homemade Hand Sanitizer: Easy Recipes to Make DIY Hand Sanitizer with Ingredients You Always Have at

Home by Alyssa Costantini

★★★★☆ 4.1 out of 5

Language : English

File size : 3255 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled
Print length : 91 pages
Lending : Enabled

FREE

DOWNLOAD E-BOOK



Believing, Living, and Enjoying by the Word: Unlock the Power of God's Word for a Victorious Life

In a world filled with uncertainty and challenges, it can be difficult to find hope and direction. But there is a source of truth and power that can guide us...



Unveil the Extraordinary World of "The Alexiad": A Captivating Journey into Byzantine Splendor

Delve into the Heart of Byzantine History with Anna Komnene's Masterpiece Prepare to be captivated by "The Alexiad," a remarkable literary treasure that...